



Unionville High School Weekly Parent/Guardian Bulletin

January 17, 2025

201 Town Centre Blvd. Markham, ON
905-479-2787

Reception 431/Attendance 230/Guidance 458

Email: unionville.hs@yrdsb.ca

UHS Website: Unionville High School

Principal
[Susie Nunes](#)

Vice-Principal (R - Z)
[Patrick Belmonte](#)

Vice-Principal (A - I)
[Catherine Clarke](#)

Vice-Principal (J - Q)
[Raymond Luong](#)

Superintendent
[Kien Nam Luu](#)

Trustee
[Ron Lynn](#)

TECH REQUEST FORM – 2024-2025

CLUBS

GUIDANCE UPDATES

Character Matters Trait of the Month: Initiative

“Initiative is doing the right thing without being told.”
- Victor Hugo

Upcoming Events

DATE	EVENT
January 20	School Council Meeting #4 (7:00 pm)
January 22 - January 28	Exam Week
January 29	In Class Instructional Day (Full Day) Lunar New Year

JANUARY

School Council Meeting #4

Hello families,
Our third School Council Meeting will be on **Monday, January 20 at 7:00 pm**. Translation services from English to Mandarin will be available. Please feel free to fill out the School Council **Pre-Registration Form - Monday, January 20, 2025**

Location: Unionville HS Library

We hope to see you there!

The Agenda is as follows:

1. Welcome
2. USAC updates
3. Subject Department Presentations:
 - * Guidance - Ms. Riolo – 40 min
4. School Council Updates:
 - * Dr. Anoosh Sharif - 5 min
5. ADMIN Updates – 5 min

Welcome



THIS WEEK



January Exam Week Important Message

Dear families,

We wanted to remind you that the last day of semester one classes is **Tuesday, January 21**.

Exams run from **Wednesday, January 22 to Tuesday, January 28** according to the following period by day schedule:

STUDENT Exam Schedule - Semester 1 - January 2025				
PERIOD 1 Wed, January 22 9:00 AM	PERIOD 2 Thurs, January 23 9:00 AM	PERIOD 5 Fri, January 24 9:00 AM	PERIOD 4 Mon, January 27 9:00 AM	PERIOD 3 Tues, January 28 9:00 AM

Students have been provided by their teacher with a full listing of all exams on each day. Students can access this full listing via their gapps account. Please speak to your child to review their exam schedule.

Wednesday, January 29 is an **in-class instructional day**.

The schedule for **Exam Review Day** on **Thursday, January 30** will be as follows:

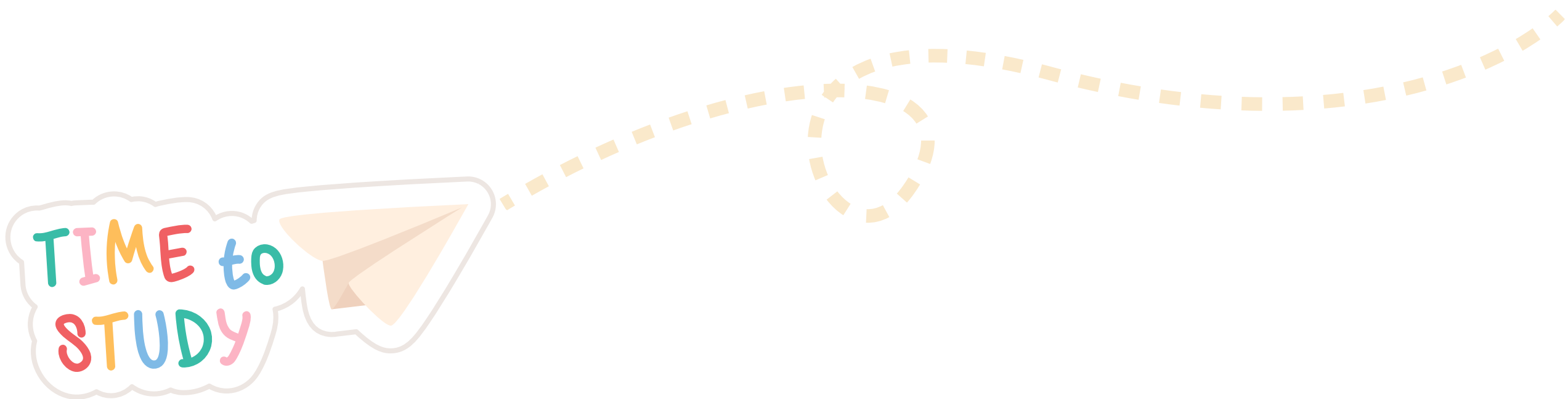
Homeroom/Period 1	8:25 am - 9:05 am
Period 2	9:10 am - 9:45 am
Period 3	9:50 am - 10:25 am
Period 4	10:30 am - 11:05 am
Period 5	11:10 am - 11:45 am



- Should an **“Inclement Weather Day”** occur during the scheduled exam period forcing the cancellation of all exams on a given day, the day for rescheduling those exams will be the Exam Review Day.
- **Friday, January 31 is a PA Day.** The school will be closed to students on this day. **The first day of semester two classes is Monday, February 3.**
- All exams start at **9:00 AM**, except those that are being scheduled “by appointment.” By appointment exams are arranged by the classroom teacher.
- Students who have “by appointment” exams should arrive 15 minutes prior and wait in the cafeteria.
- After the “by appointment” exam is over, students are kindly asked to leave the premises. Students who have “by appointment” exams should not linger in corridors as other exams are in progress.
- During exams, the cafeteria servery and library will be closed.
- Students are expected to attend school only for the days/times when they have an exam. Students leave the premises when the exam is over. Students should make transportation arrangements accordingly.
- Community Classes will continue to run during the exam period as per their regular hours. Community class start times, end times and transportation continue as normal during exams.
- Courses that do not have exams will not appear on the exam schedule. Parents with students in these courses should be aware that students are required to complete project based work in lieu of an exam activity. Teachers may arrange appointments to support students in completing this project work during exams.

If you have questions, please contact us at unionville.hs@yrdsb.ca or at 905-479-2787.

Kind regards,
The UHS Administration





What's happening in the school

UHS STEM Expo - Feb 19, 2025 at 3:15 PM

This is your time to show off those **STEM projects** and to **explore STEM** your way.

Registration: [Google Form](#)

Deadline for this Form is **Feb 10 at 8:25 AM**

All presenters / clubs are responsible for bringing all required materials + a poster board on Feb 19 to the cafeteria.

Feel free to ask your teachers about your STEM Expo project and how you can best demonstrate it.

You can also email karen.chung@yrdsb.ca or lisa.wong@yrdsb.ca



UHS STEM EXPO

We are thrilled to invite you to the second annual
Unionville High School STEM Expo!
Wednesday, February 19th, 2025 3:15 PM – 4:30 PM
UHS Cafeteria

- Celebrate your child's STEM achievements.
- Explore student projects, clubs and hands-on activities.
- Connect with educators and industry professionals.

Connect with Ms. Karen Chung
or Ms. Lisa Wong for more details.
All UHS students and clubs are
welcome to present and attend.
Students: use this QR code to sign up
Visitors: please sign in on Feb 19th.

Yearbook 2025 -- Order Now!

Yearbooks are selling out fast and we ordered a limited quantity. There is so much that goes into the Unionville High School yearbook this year and every year. It's an important part of your journey. Each year you are in high school is a different experience. Your friends, your courses, your involvement in school life will change. These times will become treasured memories. Go to [School Cash Online](#) to order a copy today before they are all gone.



100 BOOKS LEFT

**ORDER A
YEARBOOK**

SCHOOL CASH ONLINE

VARSITY YEARBOOK



Dog Therapy is Back!

Are you feeling stressed out with your assignments, tests and exams?

If so, you need Dog Therapy in your life! 😊

Tuesday **January 21st - 12:40 p.m. - 1:40 p.m. - Period 4**

Teachers can sign up their classes by emailing: felicia.sukdeo@yrdsb.ca

Students who have lunches during those dates can visit the therapy dogs in room **350**.



COURSES AND PROGRAMS



Aquatic Leadership Program - Registration

If you are interested in joining the Aquatic Leadership Program, please view the flyer attached here and visit the [registration link](#).



Black History Month Event

Join us for an inspiring evening as we celebrate Black History Month with interactive performances, student showcases and dinner.

Dates:

Monday, February 3, 2025, at Dr. J.M. Denison H.S.

Wednesday, February 12, 2025, at Bill Hogarth S.S.

Wednesday, February 19, 2025, at Alexander Mackenzie H.S.

Thursday, February 27, 2025, at Tommy Douglas S.S.

Time: 6:00–8:00 p.m.

Registration: Please fill out the [Google Form](#)

Black History Month Celebration

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Time: 6:00–8:00 p.m.

This event will feature:

- Interactive Performances
- Student Showcases
- Dinner will be provided

Please join us to celebrate the rich history and contributions of the Black Community while creating meaningful connections and memories together. Looking forward to celebrating together!

To Register

Please fill out a registration form by **January 31, 2025**.

If you have any further questions, please reach out to blackstudentexcellence@yrdsb.ca



FEBRUARY

BLACK
HISTORY
MONTH



Registration for Night School is Open Now!

Students will **register** on **MyBlueprint/My Pathway Planner**.

If you would like more information, you can view the poster inside the guidance office.

Night school (semester 2) runs from February 13th 2025 - June 5th 2025

Classes follow the Remote learning delivery model and will be delivered virtually in real-time (synchronous).

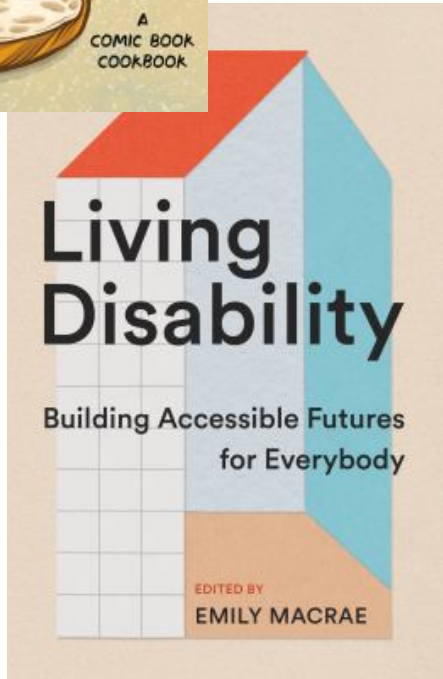
Classes are held on **Tuesday and Thursday evenings from 6:30-9:45 p.m.**

You can visit the following link for more information.

<https://www2.yrdsb.ca/schools-programs/adult-learning/night-school-credit-courses/night-school-courses-offered>

Night School

REGISTRATION



From the Library

Learn something new in 2025. These titles and many more are available in your UHS Library.

Let's Make Bread! A Comic Book Cookbook by Ken Forkish

Living Disability: Building Accessible Futures for Everybody edited by Emily Macrae

What She Said: Conversations About Equality by Elizabeth Renzetti

Everything You Wanted To Know About Indians But Were Afraid To Ask: Young Readers Edition by Anton Treuer



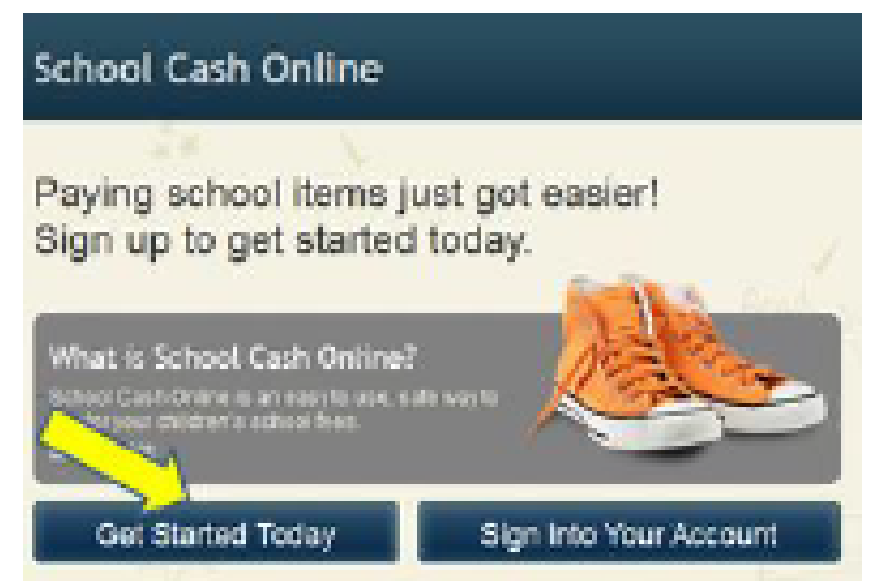
Online Payments (School Cash Online)

All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students. Families may make payments using School Cash Online, or by cash or cheque.

How do I access the tool?

You can register for **School Cash Online** at any time by visiting the website. Once you are registered, you will be notified of any new items available for your child.

How do I register? Please click **here** for instructions.



Severe Weather Policy and Procedures

Winter is here! The York Region District School Board is committed to ensuring the safety and well-being of all students, staff, families and community members on days that are deemed to be **severe weather**. Please check the link for information on snow days at YRDSB.



Safety First - Message from UHS Administration Team

🚧👤 IMPORTANT SAFETY MESSAGE FOR PARENTS: ENSURE SAFE CROSSING FOR YOUR CHILDREN! 👤🚧

Dear Parents and Guardians,

The safety of our Unionville HS students is our top priority, especially when it comes to crossing roads. As we know, crossing busy streets such as Highway 7 and Warden, poses potential risks. Here are some essential reminders to ensure our students cross the road safely:

1. Understand and adhere to school zone rules. These areas often have reduced speed limits and additional safety measures to protect pedestrians.
2. Ensure your child understands the basic rules of road safety - looking both ways before crossing, waiting for the signal, and only crossing at designated crosswalks.
3. Emphasize the importance of using designated crosswalks. Explain that these areas are specifically designed for safe pedestrian crossing, reducing the risk of accidents.
4. Discourage the use of electronic devices while crossing the road. Remind them that paying attention to their surroundings is crucial for their safety.

Let's work together to create a community where our UHS students can navigate the roads confidently and safely. By reinforcing these simple yet crucial guidelines, we can contribute to a secure environment for all.

Thank you for your cooperation and commitment to the safety of our students at UHS!



Student Mental Health and Addictions Newsletter - January 2025

Continuing the Journey: Supporting Mental Health and Well-Being:

As we step into this new season together, we are reminded that every journey is unique. Whether we're celebrating milestones, tackling challenges, or simply finding our rhythm after the winter break, this time of year offers a chance to reflect and grow.



To read the whole Newsletter, please click [here](#).

"you are"
NOT ALONE
• in this •

SEAS Family Engagement Evening Series: Understanding High School Pathways and Course Selection

In partnership with Supporting East Asian Students (SEAS) Employee Affinity Group, families, parents and caregivers are invited to the Family Engagement Evening Series - Understanding High School Pathways and Course Selection event.

Join us on **February 5, 2025, from 6:30 p.m. - 8:30 p.m.** at **Bill Crothers S.S.** for an evening to help gain a deeper understanding of the high school pathways and course selection process in the Ontario Education System. Flyer with [registration](#) information.

Supporting East Asian Students
Family Engagement Evening Series

Understanding High School Pathways and Course Selection

Families, parents, caregivers please join us for this SEAS Family Engagement Evening to help you gain a deeper understanding of the high school pathways and course selection process in the Ontario Education System.


YRDSB teachers and Guidance Counsellors will be delivering information focused on:

- Understanding the Ontario Secondary School Diploma (OSSD) requirements
- Exploring pathways and planning for post-secondary options
- Navigating high school course selection process in YRDSB

Presentations will be available in English, Mandarin, and Cantonese.

Wednesday, February 5, 2025
6:30p.m. - 8:30p.m.
Cafeteria, 3rd Floor
Bill Crothers Secondary School
44 Main St Unionville, Unionville, ON L3R 2E4

Please scan the QR code
or click <https://bit.ly/4flwbhs> to register



For additional inquiries, please contact: seas@yrdsb.ca
In partnership with YRDSB, Inclusive School & Community Services (ISCS), Community and Partnership Developer team and Supporting East Asian Students (SEAS) affinity group.



Understanding and Navigating the Education System

Families of YRDSB Black Students Monthly Information Session - **Monday, January 27, 2025 from 6:30-7:30 p.m.**

Agenda:


- Inclusion Activity
- Presentation- Course Selection
- Upcoming Programs and Events
- Question and Answer Session

RSVP: Please register ASAP

WHERE: Virtual meeting. Zoom link to follow.

RSVP: Please [register](#) ASAP

WHERE: Virtual meeting. Zoom link to follow.



Understanding and Navigating the Education System

THE CENTRE FOR BLACK STUDENT EXCELLENCE

Families of YRDSB Black Students
Monthly Information Session
Monday, January 27, 2025
6:30 - 7:30 p.m.


Families, parents, caregivers, please join us for our monthly virtual meeting where families with Black children come together to learn about resources and upcoming programs for Black students in both elementary and secondary schools.

Agenda:

- Inclusion Activity
- Course Selection and Pathway Planning
- Upcoming Programs and Events
- Question and Answer Session

Please register ASAP.
A Zoom meeting link will be sent after registration.

Let us come together to empower our students and build a stronger community.
We look forward to seeing you there.



[Register now](#)

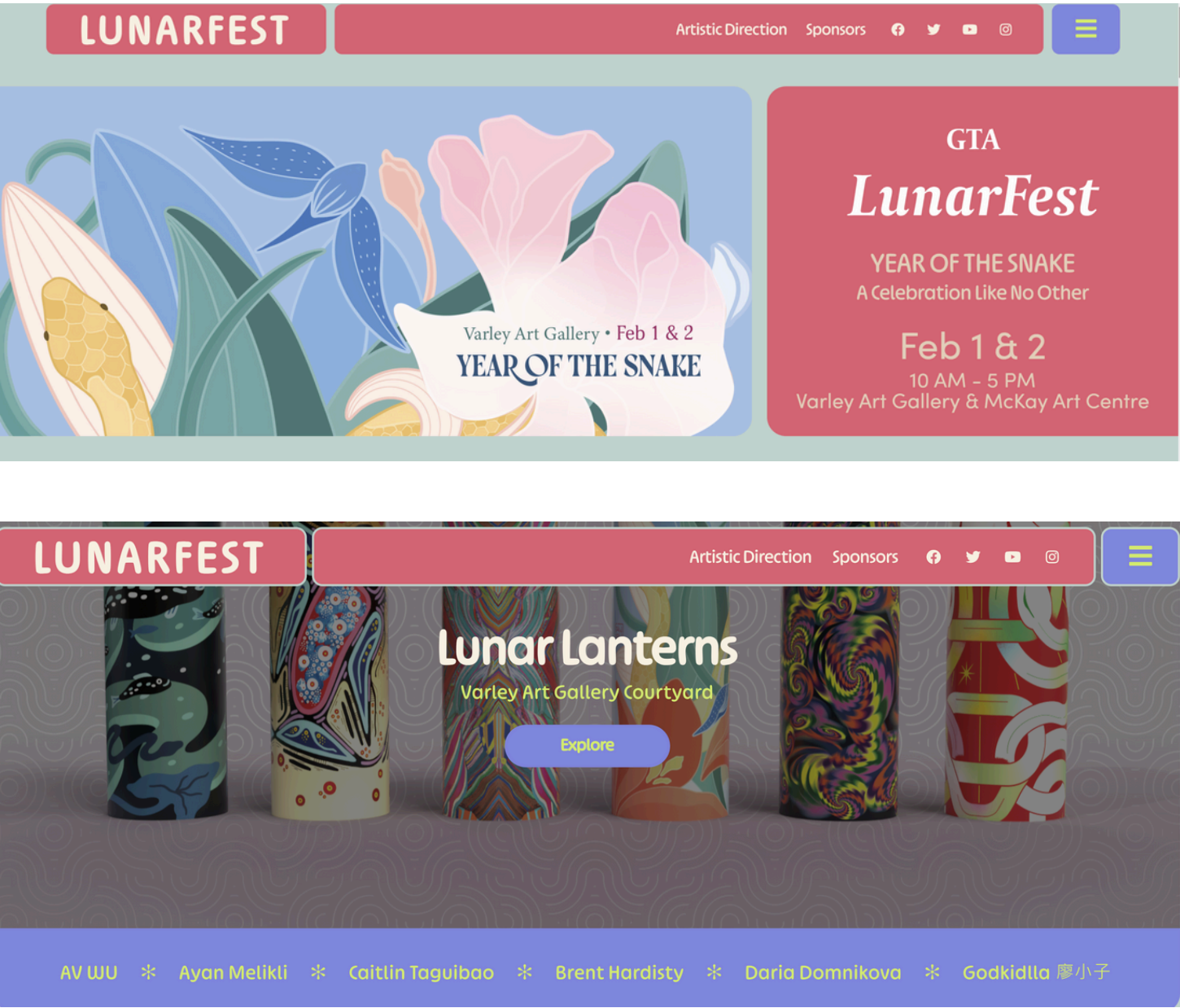
Lunar New Year Diamond Day January 29, 2025

The Lunar New Year is the time for new beginnings, and new choices. Every day, we navigate between dichotomies: witnessing authoritative systems walk the line between exercising power and exerting fear, asking ourselves if the risk and reward is worth our action. Striking a balance can be a compromise, where we are flexible to other ideas. When what is different is embraced and celebrated, diversity blooms. The snake is a creature of fluidity; what might appear as a straight line can also form a circle, reminding ourselves that we can never have one without the other.

During the Lunar New Year, we often wish for good things to come: prosperity and luck. Well-wishes, however, rarely come true without putting in good effort. To reflect on the spirit of the Snake, we must strive for a balance between giving and receiving.

The following resources and community events can support education around Lunar New Year, and they were supported by the board, ISCS (Inclusive School and Community Services)

Lunarfest at the Varley



Reboot Your Routine This Winter -- Build Healthy Habits for Your Family

You are your children’s biggest health champion, and York Region is here to support you every step of the way. york.ca/HealthyKids is your one-stop shop for building healthy kids with York Region Public Health.

York Region professionals offer confidential information and advice on public health-related topics, resources, services and other community programs, including pregnancy, parenting, family health, infectious disease, sexual health, sexually transmitted infections, health protection and dental health.
Monday to Friday 8:30 a.m. to 4:30 p.m.
1-800-361-5653
TTY 1-866-512-6228

AccessYork@york.ca
ChildFamily@york.ca
Health.Inspectors@york.ca

York.ca/NurseChat

BUILDING HEALTHY KIDS

This winter reboot your family's routine!

A new year is here, and it's a great time to think about your family's routines!

As you start to think about your family's goals for 2025 be realistic. Make sure to incorporate things you already enjoy, build upon on what's already working well, and be patient with yourself and your kids.

Help your family to continue building healthy habits for 2025 through daily movement, nutritious meals, and mental health promotion strategies you can use with your children all year round! During the winter months, try foods to keep you warm including soups, stews, casseroles, curries, and chili. Enjoy some family meals together and cooking with your children – it's a great way to connect, spend time together, and learn new skills.

If you are thinking about getting more active, consider getting outdoors to play! When children and youth are outside, they move more, get curious, and find joy. Interacting with nature, even when it is cold outside, has many benefits. It helps restore our ability to concentrate and pay attention. It improves mood, focus and our stress response. Remember to dress for the weather, it's the first step to enjoying being outside and the best way to do this is to layer clothing you can remove easily when it is warmer or put back on when it becomes colder. Make sure gaps such as wrists, ankles, neck, back and waist are covered and even though it is winter - don't forget sunscreen and sunglasses!

If you find things are tough at the start of the new year for you or your family, you can try breathing, visualization, muscle relaxation, journaling, listening to music, practising gratitude to help you cope. Try a variety of activities to see what works best. As a parent or caregiver, it is essential to take care of yourself, so you can care and support others. Your self care will help improve your energy, focus, ability to cope with challenges and you will be a model to your children.

For more tips on how you can reboot your family's routine this winter routine visit york.ca/HealthyKids.

REBOOT YOUR FAMILY'S ROUTINE THIS WINTER

Public Health
1-877-464-9675
TTY 1-866-512-6228
york.ca/HealthyKids



DATE	EVENT
January 30	Exam Review Day (Modified Schedule)
January 31	Professional Development Day (No classes)
February 17	Family Day (No classes)
February 18	York Public Health Vaccination Clinic - Gr. 11 - Library
February 24	School Council Meeting #5 (7:00 pm)